

The fee for a 50-minute psychotherapy visit (in person or via telehealth) is \$_____. Most clients will attend one psychotherapy visit per week, but the frequency of psychotherapy visits that are appropriate in your case may be more or less than once per week, depending upon your needs. Based on a fee of \$_____per visit, the following are expected charges of psychotherapy services:

Number of Months	Total estimated charges for 1 session per month	
1 Month of Service	\$	
3 Months of Service	\$	
6 Months of Service	\$	
9 Months of Service	\$	
12 Months of Service	\$	

Date of this Estimate _____